

Motivational Interviewing Series

The Central West Self-Management Program is pleased to offer a Motivational Interviewing Workshop Series for health care providers. This workshop series will give you focused opportunity to practice motivational interviewing skills introduced to assist you with challenging client-clinician interactions.

In the first part of the workshop, **Enhanced Reflective Listening Skills and Eliciting Change Talk**, participants will learn how to use complex reflections and tools to elicit and respond to change talk from clients. While in the second part, **Rolling with Client Resistance and Using Reflections to Counter Resistance**, participants will gain awareness and understanding into client resistance and learn how to skillfully use reflections to counter resistance.

Intended Audience:

Nurses, social workers, pharmacists, physicians, occupational therapists, physiotherapists, dietitians, care coordinators, administrators, kinesiologists, receptionists, policy makers, community support/outreach workers, recreation therapists, healthcare students and volunteers and all other providers who support person-centered care.

Facilitator:

Tammy Purdy MSW, RSW, is an experienced clinician and a facilitator for Institute for Health Care Communication's Choices and Changes workshop. She has been providing Motivational Interviewing skills training for several years and is a member of the CAMH-Community of Practice in Motivational Interviewing.

1. Workshop-Part One:

Date: September 7th, 2016

Location: BCH N.1.823

Option 1: MORNING Session Time: 9:00am-12:00pm *Light breakfast Included

Option 2: AFTERNOON Session Time: 1:00pm-4:00pm *Light lunch Included

2. Workshop-Part Two:

Date: October 20th, 2016

Location: BCH N.LL.708

Option 1: MORNING Session Time: 9:00am-12:00pm *Light breakfast Included

Option 2: AFTERNOON Session Time: 1:00pm-4:00pm *Light lunch Included

Registration

For more information or to register please:

Email: cdsm@williamoslerhs.ca Call: 905-494-6752 ext 6